



Martlet Kayak Club

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martletkayakclubbrighton.com



Martlet Kayak Club Changing Room and Toilet Guidance Updated 26 Feb 2023

(The policies and guidelines referenced within this document are those of British Canoeing).

getting changed can make some children feel vulnerable and can cause anxiety for some children to avoid this MKC members need to follow some commonsense processes

1. Gender specific changing rooms are available and should be used correctly
2. Parents of U18s should be shown the changing rooms and toilets as part of induction process.
3. Where possible, there should not be a time when one adult is alone in the changing room/toilet when U18's are present and vice versa, there should not be a time where an U18 is alone in the changing room/toilet when there are adults present (unless when the U18 is accompanied by their parent).
4. Mobile phones, cameras or any other recording devices must not be used in changing rooms at any time.
5. Children under the age of 8 can change, when accompanied by their parent, in the changing room of the opposite gender. Remember, not everyone (adult or child), will be comfortable using group changing facilities. No pressure should ever be put on someone using the facilities and the option to change at home or for an individual to find an alternative option.
6. Where an U18 is in the changing room other members should change in a discrete manner and take into account that Children and young people have the right to dignity, privacy and respect for modesty when they are getting changed.
7. Children and young people should know who to talk to if they have concerns about the behaviour of a member or other young people. If concerns are raised these should be taken seriously, and the nominated child protection lead should take appropriate action