



Martlet Kayak Club Covid-19 Risk Assessment

Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

Further to the advice issued by British Canoeing on 12 May 2020 about a return to paddling and new guidance released by the Government on 13 May, the Martlet Kayak Club have completed this Risk Assessment for dealing with the current Covid-19 situation in the Kayak Club. This Risk Assessment does not cover specific risks inherent with Kayaking, and Club members are reminded to consider their own paddling ability, weather conditions and individual vulnerabilities before deciding to take part in any activity. Any decision to take part in activities during this period, is made at the individual members own risk.

We all have a responsibility in helping to stop the spread of the virus and protect others by following appropriate measures to mitigate or reduce associated risks. All Club members are asked to familiarise themselves with the content of this risk assessment prior to taking part in any activity.

What are the hazards?	Who might be harmed	Controls Required	Additional Controls
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<p>Spread of Covid-19 Coronavirus</p>	<p>Martlet Kayak Club members and any other visitors to the premises.</p> <p>Members of the public coming into contact with Club members.</p>	<p><u>Maintaining hygiene, through handwashing, sanitisation facilities and toilets.</u></p> <p>Hand washing facilities with soap and water in place</p> <p>Stringent hand washing taking place. In line with current guidance; https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/</p> <p>Drying of hands with disposable paper towels.</p> <p>Gel sanitisers/Dettol dilution in any area where washing facilities not readily available</p> <p>Signs in place to remind members of hand washing/sanitising requirements</p> <p>Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, using appropriate cleaning products and methods.</p> <p>No food consumed on the premises Indoor facilities, apart from toilets and areas containing kit to be kept closed.</p>	<p>Members asked to sanitise their hands when entering any of the club arches, prior to touching kit and at the end of their session.</p> <p>Encourage members to report any problems and the need to replenish cleaning products.</p> <p>Members reminded that non compliance with controls measures may result in a temporary suspension from the club.</p> <p>To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice - https://www.publichealth.hscni.net/news/covid-19-coronavirus</p> <p>Members asked to remove any waste generated during their session at the end of their session</p> <p>Members asked to wash any kit thoroughly at the end of their session before storing. Members asked to clean any surfaces touched where possible.</p> <p>Members asked to clean the toilet after use using the supplied cleaning products.</p> <p>Members informed that they are unable to use the changing room facilities at the club and that they are unable to change in any of the arches.</p> <p>Members asked not to use any of the kitchen facilities in the club and to consume any food outside.</p>
		<p><u>Symptoms of Covid-19</u></p>	<p>All club members are asked to comply with self-isolation guidelines and not to visit the club if they or any members of their household are displaying symptoms of Covid-19</p>

		<p>If anyone becomes unwell with a new continuous cough or a high temperature whilst attending the Kayak Club they will be sent home and advised to follow the stay at home guidance.</p> <p>If advised that a member of the club has developed Covid-19 and were recently on our premises the committee will inform any members of the club who may have come into contact with that individual.</p>	
		<p>Social Distancing Reducing the number of persons in the kayak club to comply with the 2-metre (6.5 foot) gap recommended by the Public Health Agency; https://www.publichealth.hscni.net/news/covid-19-coronavirus https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people</p> <p>Changing rooms to remain shut.</p>	<p>Signs on display informing club members that only one club member is permitted in each arch at any given time.</p> <p>Booking system introduced to manage the number of people attending the club at specified times.</p>
		<p>Dealing with a first aid incident Paddler to bring own small first aid kit to self-administer .</p>	<p>Club members informed that it is their responsibility to ensure that they have appropriate first aid supplies for any planned activity.</p> <p>Members provided with COVID-19 first aid guidelines; https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/</p>

The following guidance has been considered when completing this risk assessment;

UK Government: Guidance for providers of outdoor facilities on the phased return of sport and recreation in England provided by the government;
<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-providers-of-outdoor-facilities-on-the-phased-return-of-sport-and-recreation>

British Canoeing: Guidance for Paddlesport Centres and Hire Providers;

<https://www.britishcanoeing.org.uk/news/2020/covid-19-update-guidance-for-paddlesport-centres-and-hire-providers>